

Food

Single serve packet drink mixes
(crystal lite, kool-aid, Gatorade, ice tea, lemonade)
Beef jerky/slim jims
Sunflower/pumpkin seeds (salted)
Trail mix
Salted nuts (all varieties)
Granola/protein/breakfast bars
Fruit roll ups
Pretzels
Cookies
Snack foods (all kinds)
Pringles
Hard candy
Gum
Peanut butter (small plastic jars or tubes)
Hot chocolate packets
Single serve coffee packets (like tea bags)
Tuna in packets (no canned tuna)
Licorice
Ramen noodles
Cheese n crackers
Life savers
Instant mac and cheese (microwaveable)

Entertainment

Playing cards
DVDs/CDs (new or used)
Blank writable CDs
Memory Cards (i.e. PSP's)
Memory Stick
Crosswords, Sudoku
Jock books, mad libs
Water guns
Nerf balls
Hacky sacks
Card games (UNO, ect)
Hand held electronic games
Portable CD players
X-box games (new or used)
PS2 or PS3 games (new or used)
Comic Books
Travel size games (yahtzee, checkers, etc)
Books
Magazines

Other

Batteries (AA, AAA, C)
Pens, mechanical pencils
Notebooks
Writing paper
Envelopes
Pre-paid phone cards (ATT international preferred)
Disposable cameras
White cotton socks
Hand/foot warmers
Warm gloves
Flashlights
Zip lock bags
Travel size packets of laundry detergent
Shoe insole cushions
room deodorizers (fabreeze)

Toiletries

Toothbrushes
Toothpaste
Dental floss
Mouthwash
Chapstick
Razors
Shaving cream (no aerosols, tubes only)
Sun screen (no aerosols)
Bug spray with DEET (no aerosols)
Q-tips
Kleenex (individual packets)
Shampoo
Hand/body lotion
Baby wipes
Had sanitizer
Travel toilet tissue
Natural tears eye drops
Foot powder
Band-aids
Cough drops
Ibuprofen/Tylenol
Antiperspirant
Moleskin
Nail clippers
Anti-itch creams
Baby powder